

FOOD PANTRY

November's Top 5



SHOPPING LIST



CANNED BEANS

Baked, Canellini, Garbanzo, Kindney, Navy, Pinto, Vegetarian



CANNED FISH/SEAFOOD

Sardines in water, Tiny Shrimp, White Crabmeat, Wild Mackerel, Pink Salmon



CANNED FRUIT

Applesauce, Fruit Cocktail, Sliced Peaches, Pear Halves, Pineapple Chunks, Pumpkin Purée



CANNED SOUP

Beef Barley, Clam Chowder, French Onion, Garden Vegetable, Minestrone, Split Pea



CANNED VEGETABLES

Chopped Spinach, Kernel Corn, Peas & Carrots, Sliced Carrots, Sweet Potato, Mixed Vegetables

Drop-offs: 9 a.m.-4:30 p.m.

1616 Arlington Heights Rd., Arlington Heights, IL 60004